



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DRILLS, SKILLS & FUNDAMENTALS



Basketball Personal Training

Focused training is the key to succeeding on the court. Our basketball coaches will work with players ages 7 - 18, to turn weaknesses into strengths, improve skills, and increase confidence.

3 Days Per Week: \$125 for Members

\$187 for Potential Members

1 Day Per Week: \$75 for Members

\$112 for Potential Members

In December, there is no training the week of Christmas.

   SUMTER FAMILY YMCA 510 Miller Road Sumter, SC 29150
803-773-1404 ymcasumter.org

Financial Assistance is available to those who qualify through our Open Doors Scholarship program.
Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.