



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FLIP, FLIP, HOORAY TIME TO PLAY!

Gymnastics Open Gym Sessions

On select Friday evenings through the end of December, the YMCA Gymnastics Center will host open gym sessions! This is a great opportunity for kids to explore and play, or further progress their skills in the gym. Staff will be on hand to ensure safety and assist gymnasts with skills. These sessions are open to athletes that are currently enrolled in one of our gymnastics programs.

Ages: 6 - 18

Cost: \$15 per session

Time: 6:00 - 8:00 p.m.

Dates: 9/23, 10/7, 10/28,
11/11, 12/9, 12/30

Registration is only open at the
Gymnastics Center.

Contact Gymnastics Director,
Jodi West with any questions.



   SUMTER FAMILY YMCA 220 Pine Street Sumter, SC 29150
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Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.