



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FLIP, FLIP, HOORAY TIME TO PLAY!

Gymnastics Kids Night Out Sessions

On select Friday evenings through the end of December, the YMCA Gymnastics Center will be open for Kids Night Out! This is a great opportunity for kids to explore and play, or further progress their skills in the gym. Staff will be on hand to ensure safety and assist gymnasts with skills. Kids with or without gymnastics backgrounds can enjoy everything our gymnastics facility has to offer!

A snack will be provided. Please bring a bottle of water.

Ages: 6 - 18

Cost: \$15 per KNO session

Time: 6:00 - 9:00 p.m.

Dates: 9/23, 9/30, 10/7, 10/14, 10/28

11/4, 11/11, 12/9, 12/30

Register in-house or online.

Contact Gymnastics Director,
Jodi West with any questions.



   SUMTER FAMILY YMCA 220 Pine Street Sumter, SC 29150
803-774-2350 ymcasumter.org

Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.