



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# STRENGTHEN COMPETE ACHIEVE

Sumter YMCA Gymnastics is committed to developing athletes with good sportsmanship and a healthy competitive spirit. Our coaches do this by maintaining the YMCA mission: caring, honesty, faith, respect and responsibility. We have created a progressive goal setting environment with teamwork as an emphasis, and believe the attainment of personal goals is the first step in the development of an all-around athlete. If you are interested in becoming a member of one of our competitive or pre-competitive teams, please contact our Gymnastics Director, Jodi West, at 803-774-2350 or [gymnastics@ymcasumter.org](mailto:gymnastics@ymcasumter.org).

## Sumter YMCA Aerials School Year 2022-23 Schedule

Twisting Aerials                      Monday / Tuesday / Thursday 3:30 - 6:30 pm

Junior Aerials                        Tuesday / Thursday 4:00 - 5:30 pm

**Monthly Tuition:** Auto-draft is highly suggested for monthly dues.

Twisting Aerials\*: \$110 members, \$165 potential members

Junior Aerials: \$50 members, \$75 potential members

\*Additional fees assessed for competitive attire and meet registrations.

### Annual Registration Fee:

Registration fee per calendar year: \$25

   SUMTER FAMILY YMCA 220 Pine Street Sumter, SC 29150  
803-774-2350 [ymcasumter.org](http://ymcasumter.org)

Financial Assistance is available to those who qualify through our Open Doors Scholarship program.  
Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.

## Description of Training Groups

- **Twisting Aerials** - This training group is for our competitive team - USAG levels 1-8. We travel around South Carolina and surrounding states to compete with teams from our region. As a member of our Twisting Aerial competitive team, practices and competitions are considered mandatory.
- **Junior Aerials** - This class is designed as a stepping stone to Twisting Aerials and is considered our pre-team group. The Junior Aerials training group was created for gymnasts that need to be challenged more during gymnastics practice and desire to compete in the near future. Strong listening skills and work ethic are a must to join this group.
- The above training groups are for ages 5 - 18. Evaluations and approval by our Head Coach are required prior to joining.



Financial Assistance is available for those who apply and qualify through our OPEN DOORS program.