



# SUMTER FAMILY YMCA UPPER GYM

## SEPTEMBER 2022

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Monday & Wednesday	Tuesday & Thursday	Friday	Saturday	Sunday
Open Gym 5:30 am - 5:45 pm	Open Gym 5:30 am - 5:45 pm	Open Gym 5:30 am - 5:45 pm	Open Gym 6:30 - 10:45 am	Open
			Men's League Games 11:00 am - 2:00 pm	
Biddy Basketball Practice 6:00 - 8:00 pm	Biddy Basketball Practice 6:00 - 8:00 pm	Biddy Basketball Games 6:00 - 7:45 pm	Open Gym 2:00 pm - 4:45 pm	
Open Gym 8:00 - 8:45 pm	Open Gym 8:00 - 8:45 pm			

Times are subject to change based on program needs.  
General use of the area is permitted during down times.

**GYMS CLOSED SEPTEMBER 9 - 11 FOR FLOOR RESURFACING**