



# SUMTER FAMILY YMCA UPPER GYM

June 2022

FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

Monday & Wednesday	Tuesday & Thursday	Friday	Saturday	Sunday
Open Gym 5:30 - 7:30 am	Open Gym 5:30 - 7:30 am	Open Gym 5:30 - 7:30 am		
Summer Camp (half) 7:30 am - 5:30 pm	Summer Camp (half) 7:30 am - 5:30 pm	Summer Camp (half) 7:30 am - 5:30 pm	Open	
Open Gym 5:30 pm - 8:45 pm	Open Gym 5:30 pm - 8:45 pm	Open Gym 5:30 pm - 7:45 pm		Open

Times are subject to change based on program needs.  
General use of the area is permitted during down times.

Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.