



SUMTER FAMILY YMCA UPPER GYM

January 2022

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday & Wednesday	Tuesday & Thursday	Friday	Saturday	Sunday
Open Gym 5:30 am - 3:30 pm	Open Gym 5:30 am - 3:30 pm	Open Gym 5:30 am - 3:30 pm	Open Gym 6:30 - 8:30 am	
			Basketball Games* 8:30 am - 1:00 pm	
Afterschool 3:30 - 5:30 pm	Afterschool 3:30 - 5:30 pm	Afterschool 3:30 - 5:30 pm	Open Gym 1:00 - 5:00 pm	
Basketball Practice* (Only Wednesday) 6:00 - 8:00 pm	Basketball Practice* 6:00 - 8:00 pm	Open Gym 6:00 - 8:00 pm		
Open Gym 8:00 - 9:00 pm	Open Gym 8:00 - 9:00 pm			

Times are subject to change based on program needs.
General use of the area is permitted during down times.

*Practices/games will begin the week of January 10th

Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.