



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

BE A PART OF SOMETHING GREAT

Imagine going to work knowing that what you do every day positively influences the lives of many youth, their families and our community. Imagine having the opportunity to give back and to share your passions and unique talents to build a better future for yourself and others we serve daily. This is a career at the Y.

YMCA of Sumter Job Opportunity

Personal Trainer

Responsibilities Include: Under the direction of the Fitness Director and consistent with the Christian mission, the Group Exercise instructor is responsible for maintaining the highest levels of customer service and professionalism; Using effective communication skills while delivering safe exercise programs to members and guests; adhering to any and all guidelines of the Health and Wellness Department; holding appointments at appointed times; preparing sessions with provided equipment.

Minimum Requirements:

18 years of age

Nationally Accredited Personal Training Certification (ACSM, NASM, ACE preferred)

CPR and First Aid Certification must be obtained within 90 days of hire

Ability to instruct and observe participants in proper skill techniques

Must have an enthusiastic personality, be mature, decisive, and responsible and must be able to put the needs of members and program participants ahead of his/her own needs

Must have satisfactory outcome of background check prior to starting employment

Salary: \$18 per hour

Schedule: Monday-Saturday; (times based on appointments)

Application: Please apply for employment through our website.

Email sknowlton@ymcasumter.org for any additional information or questions