



FOR YOUTH DEVELOPMENT®  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

## Age Guidelines

Generally, all children ages 9 and under must be accompanied by a parent or guardian over age 18 at all times while in the building unless checked into Childwatch/Kidscape or participating in a supervised Y program. Upon request, youth ages 10 and up who are active members on a family membership are entitled to receive their own Y membership card but must abide by the age allowances listed below.

	Basketball Courts	Locker Rooms	Swimming Pools	Group Exercise Classes	Indoor Track	Cycle Classes	Fitness Center Weight Room	Health Service Locker Rooms
0 - 5 years	Age appropriate with parent	Age appropriate with parent	Age appropriate with parent	No Access Allowed	No Access Allowed	No Access Allowed	No Access Allowed	No Access Allowed
6 - 9 years	Age appropriate with parent	Age appropriate with parent	Age appropriate with parent	No Access Allowed	No Access Allowed	No Access Allowed	No Access Allowed	No Access Allowed
10 - 11 years	Age appropriate	Age appropriate	Age appropriate with parent	Age appropriate with parent	Age appropriate with parent	Age appropriate with parent	No Access Allowed	No Access Allowed
12 - 14 years	Age appropriate	Age appropriate	Age appropriate	Age appropriate with parent	Age appropriate with parent	Age appropriate with parent	Age appropriate with parent	No Access Allowed
15 - 17 years	Age appropriate	Age appropriate	Age appropriate	Age appropriate	Age appropriate	Age appropriate	Age appropriate	No Access Allowed
18 years & up	Age appropriate	Age appropriate	Age appropriate	Age appropriate	Age appropriate	Age appropriate	Age appropriate	Age appropriate



Age appropriate



Age appropriate with parent



No Access Allowed

Kidscape/Childwatch is available for child members ages 6 week – 12 years old, when active on a family membership.