



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

NURTURING HEALTH TOGETHER

Give this referral card to a friend, neighbor or co-worker. If they join, and bring in this completed card, we'll give you a month FREE!

Family Time

So often people struggle to find enough time to complete work-related projects, enjoy time with their loved ones and take good care of themselves. A perfect way to keep up with your friend or family member is to exercise together. Help others stay healthy and fit by referring them to become a member of our Y. For every membership you refer, you receive one free month of membership to keep you on your healthy living track.



MEMBER REFERRAL CARD

Fill in your member information and give this card to a friend. When your friend joins, you get a free month.

Member Name: _____

Member Birth Date: _____

Member Signature: _____

 **SUMTER FAMILY YMCA**
 510 Miller Road
 Sumter, SC 29150
 803-773-1404
ymcasumter.org



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Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.