



SUMTER FAMILY YMCA
Warm Water

February 2019

**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

	Monday & Wednesday	Tuesday & Thursday	Friday	Saturday	Sunday		
5:30am	Open Swim 5:30am - 8:00am	Open Swim 5:30am - 8:00am	Open Swim 5:30am - 8:00am	CLOSED *open at 6:30am	CLOSED *open at 1:00pm	5:30am	
6:00am				6:00am			
7:00am				7:00am			
8:00am	Liquid Aerobics 8:00am - 9:00am *Shallow end closed	Mindful Movements 8:00am - 9:00am *Shallow end closed	Liquid Aerobics 8:00am - 9:00am *Shallow end closed	Open Swim 6:30am - 8:30am		8:00am	
8:30am	Open Swim 9:00am - 10:30am	Open Swim 9:00am - 5:30pm	Open Swim 9:00am - 10:30am	Swim Lessons (8:30am - 11:00am) *Shallow end closed		8:30am	
9:00am						9:00am	
9:30am						9:30am	
10:00am	Senior Workout 10:30am - 11:30am *Shallow end closed		Senior Workout 10:30am - 11:30am *Shallow end closed	Senior Workout 10:30am - 11:30am *Shallow end closed		Birthday Parties 11:00am - 12:00pm *1/2 Shallow end closed	10:00am
10:30am							10:30am
11:00am							11:00am
11:30am	Open Swim 11:30am - 1:00pm		Open Swim 11:30am - 1:00pm	Open Swim 11:30am - 1:00pm	Open Swim 12:00pm - 2:00pm	11:30am	
12:00pm						12:00pm	
12:30pm						12:30pm	
1:00pm	Arthritis Aquatics 1:00pm - 2:00pm *Shallow end closed		Arthritis Aquatics 1:00pm - 2:00pm *Shallow end closed	Arthritis Aquatics 1:00pm - 2:00pm *Shallow end closed	Open Swim 12:00pm - 2:00pm	Open Swim 1:00pm - 2:00pm	
1:30pm		1:30pm					
2:00pm		Open Swim 2:00pm - 5:00pm				Open Swim 2:00pm - 7:30pm	Open Swim 2:00pm - 7:30pm
2:30pm	2:30pm						
3:00pm	3:00pm						
4:00pm	Swim Team (5:00pm - 6:00pm) *Lanes closed	Swim Lessons (5:30pm - 8:00pm) *Shallow end closed	Swim Lessons (5:30pm - 8:00pm) *Shallow end closed	Open Swim 3:00pm - 4:30pm	Open Swim 3:00pm - 4:30pm		
4:30pm					4:30pm		
5:00pm					5:00pm		
5:30pm	Swim Lessons (6:00pm - 7:15pm) *Shallow end closed	Swim Lessons (5:30pm - 8:00pm) *Shallow end closed	Swim Lessons (5:30pm - 8:00pm) *Shallow end closed	Close at 4:30pm	5:30pm		
6:00pm					6:00pm		
7:00pm					7:00pm		
7:30pm	Open Swim 7:15pm - 8:30pm	Open Swim 8:00pm - 8:30pm	Open Swim 8:00pm - 8:30pm	Close at 4:30pm	7:30pm		
8:00pm					8:00pm		
8:30pm					8:30pm		
			Close at 7:30pm *2nd Friday of each month we close at 6pm				