

Join us for the **2nd posing clinic** in this series as you prepare for these 2 GREAT opportunities to compete this spring in the Southeast at the **INBF/WNBF Pro-Am Iron Eagle Super Pro Qualifier** and the **INBF South Carolina Natural Pro - Qualifier!!!**

**Saturday, February 16, 2019**

**Free and Open  
to ALL!**

**11:30am**

**Sumter Family YMCA**

**510 Miller Road**

**Sumter, SC 29150**

**2019 INBF / WNBF PRO AM IRON EAGLE  
NATURAL BODYBUILDING & FIGURE CLASSIC**

**SUPER PRO QUALIFIER  
NEW LOCATION**

**MARCH 23, 2019**  
South Effingham High School  
1220 Noel C Conaway Road,  
Guyton, GA 31312

**OVER \$7500 IN PRIZE MONEY**  
**WNBF CLASSES** | New Pro Bikini  
Pro Men's Physique | Pro Women BB | Pro Figure

**INBF CLASSES** | Masters Men BB (40+, 50+, 60+) | Open Men BB | Novice Men BB | Men's Physique | Master Men's Physique  
Masters Women BB | Open Women BB | Women's Figure | Bikini Women's Master Figure | Ms Fit Body | Master Bikini | Teen

**HOST HOTEL** | Days Inn & Suites | 6 Gateway Boulevard Savannah, GA 31419  
Phone: 912-925-6666 | Discount Code: Iron Eagle

**TICKETS** | Prejudging - 9am - \$25.00 | Evening show - 5pm - \$30.00

**WNBF PROMOTER RODNEY "GUNZ" HELAIRE** | Enter at [rodneyhelaire.com](http://rodneyhelaire.com) | [rhelaire@hotmail.com](mailto:rhelaire@hotmail.com) | 912 695-0400  
MUST BE 10 YEARS DRUG FREE | All athletes 100% drug tested | Polygraph & Urinalysis tested



**INBF**

**SOUTH CAROLINA**

**NATURAL CHAMPIONSHIPS**

**INBF BODYBUILDING, BIKINI, PHYSIQUE  
FIGURE, MS. FITBODY  
NOVICE, OPEN\*, MASTERS\***

**\*PRO QUALIFIER\***

**10 Years Drug Free - Polygraph Tested - Urine Test-**



**Saturday, April 13, 2019  
Sumter, SC**

**CONTACT:** Missy Corrigan  
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(803) 773-1404

**PREJUDGING 10AM / FINALS 4PM**  
For registration, tickets & info:  
[www.ymcasumter.org/scbc](http://www.ymcasumter.org/scbc)

**RSVP: Missy Corrigan**

**803-773-1404**

**[mcorrigan@ymcasumter.org](mailto:mcorrigan@ymcasumter.org)**