

2019 South Carolina Bodybuilding Championships
Saturday, April 13, 2019 10am prejudging; 4pm finals
The Opera House
21 N Main Street Sumter, SC 29150
Competitor meeting at the venue: Saturday, 9:15am

Amateur Entry fee \$50.00. Crossover Fee \$35.00. All entry fees are payable to **YMCA of Sumter**. The **application due date is April 7, 2019**. Any application postmarked after April 7, 2019 will require a late fee of \$25. All late application fees must be paid with cash, bank check or money order. **MANDATORY POLYGRAPH TESTING** - Competitors will pay the examiner **\$40** directly for testing. You will be contacted upon receipt of application regarding your appointment date and time. No walk-in registrations accepted day of competition.

All fees are non-refundable

No crossovers from Novice to Open Classes. Novice competitors must not have placed first in any novice contest with any organization and must not have placed in the top 3 in an open class in any organization. The division overall winners of open classes all qualify for WNBFF Pro status. There **MUST** be at least 8 competitors per division to give out a WNBFF pro card. Pro Card recipients will be urine tested.

WOMEN'S CLASSES	MEN'S CLASSES
<input type="checkbox"/> Open Women LW Bodybuilding* - under 118 lbs	<input type="checkbox"/> Junior Men* (Under 24 Years old)
<input type="checkbox"/> Open Women HW Bodybuilding*- 118 lbs and over	<input type="checkbox"/> Men's Novice* Competition weight _____lbs
<input type="checkbox"/> Master's Women BB* - 40+ __, 50+ __, 60+ __	<input type="checkbox"/> Open Bantamweight* Under 150 lbs
<input type="checkbox"/> Women's Novice BB Competition weight _____lbs	<input type="checkbox"/> Open Men LW* - 150.25-165 lbs
<input type="checkbox"/> Novice Figure Height ____ ft ____ in	<input type="checkbox"/> Open Men MW* - 165.25 to 176 lbs
<input type="checkbox"/> Open Figure Height ____ ft ____ in	<input type="checkbox"/> Open Men LHW* - 176.25 to 190 lbs
<input type="checkbox"/> Master's Figure 40 + __, 50+ __, 60+ __	<input type="checkbox"/> Open Men HW* - 190.25 lbs and over
<input type="checkbox"/> Novice Bikini Height ____ ft ____ in	<input type="checkbox"/> Master's Men BB* - 40+ __, 50+ __, 60+ __
<input type="checkbox"/> Open Bikini Height ____ft ____ in	<input type="checkbox"/> Open Physique Height _____ft____in
<input type="checkbox"/> Bikini Master's 40 + __, 50+ __, 60+ __	<input type="checkbox"/> Master's Physique - 40+ __, 50+ __, 60+ __
<input type="checkbox"/> Open Ms. Fit Body Height ____ ft ____ in	<input type="checkbox"/> **Teen division(17 and under) BB____ Physique____
<input type="checkbox"/> Ms. Fit Body Master's 40 + __, 50+ __, 60+ __	*Professional quality CD must be preset to a maximum of 60 seconds. No profanity or explicit content or lyrics allowed. Turn in at athlete check-in.
<input type="checkbox"/> **Teen division(17 and under) BB____ Figure____	
<input type="checkbox"/> Fit Body ____ Bikini____	

Name _____
 Address _____
 City _____ State _____ Zip _____
 Phone (____) _____ Email _____ T-shirt size _____
 Weight _____ DOB _____ Previously Tested? Y / N What event & date? _____
 Current Gym/Trainer representing: _____
 Previous titles or placements won: _____

Waiver: In consideration of your accepting this entry, I hereby intend to be legally bound for myself, my heirs, executors and administrators, and waive and releases any and all rights and claims for damages I may have against the World Natural Bodybuilding Federation (WNBFF), YMCA of Sumter, Missy Corrigan, and any sponsors, agents, representatives and assigns for any and all injuries and/or losses suffered by me as a result of my participation and/or attendance at the 2019 South Carolina Bodybuilding Championships on April 13, 2019.

Competitor Signature: _____ Date: _____
 **Parent Signature Required for Teen Division: _____ Date: _____

SPRAY TANNING Jennifer Coleman with La Mer Tanning (803)775-5729

HOST HOTEL - Hyatt Place Sumter/Downtown 18 N Main Street (803)774-8100 (reference YMCA Bodybuilding) or use code

G-YBOD on hyattplace.com under the special rates -> corporate/group code section.

Visit www.ymcasumter.org/scbc for additional information

Drop off entry form at Sumter YMCA or Email to mcorrigan@ymcasumter.org or Mail To: Missy Corrigan, 510 Miller Road, Sumter, SC 29150

Please submit your story for special recognition awards sponsored by local businesses that will be given during the evening event. You may also email your story to mcorrigan@ymcasumter.org.

Transformation — Share your journey of transformation (weight loss, muscle gain, healthy lifestyle, etc)

Motivation — Was there a specific person or event that motivated you to get where you are today? Share your story for why you are standing on stage today and what that means to you.

Inspiration — How have you been inspired to be where you are today and how are you using it to inspire others?
