



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# A COMMUNITY TRADITION

## 39th Annual Turkey Trot 5K

For 38 years we've been celebrating life's blessings, especially your health! Start Thanksgiving off the right way with a run or walk. Bring your family, friends and your pets as we celebrate health and blessings.

**Thanksgiving Day - November 25, 2021**

Race Day Registration and Check-in begins at 8am

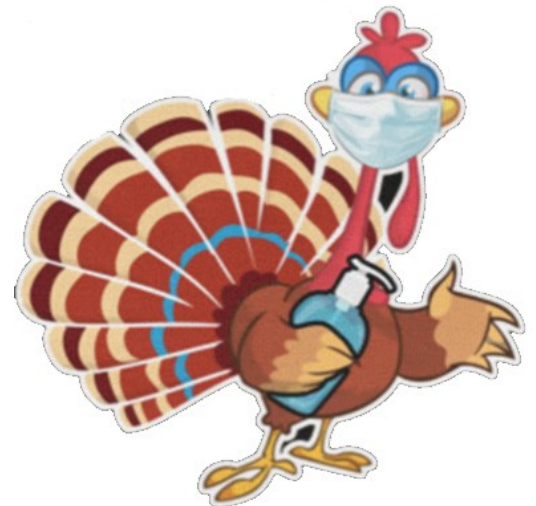
Turkey Trot Race starts at 9am

**Turkey Trot** - Certified course, finish line & timing services by Strictly Running, and \*T-shirts!

\*T-shirts only guaranteed to first 350 registrants





To support social distancing:

- Masks recommended to be worn prior to run
- Awards available for pick up at the front steps of the Y after the race from 10:30 am-11:00 am



TURKEY TROT 5K FEES	Early Registration* Oct 4 - Nov 23	Late Registration Nov 24 - 25
18-99 years old	\$20	\$30
17 and under	\$15	\$25

**Register** at the YMCA member service desk or on-line at: <https://www.ymcasumter.org/register-online/>





**SUMTER FAMILY YMCA**  
 510 Miller Road  
 Sumter, SC 29150  
 803-773-1404  
[ymcasumter.org](http://ymcasumter.org)

**Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.**



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# OFFICIAL TURKEY TROT REGISTRATION FORM

Rain or Shine Event (no refunds)

Please Print

Name: \_\_\_\_\_ E-Mail Address: \_\_\_\_\_  
Last First M.I.

Address: \_\_\_\_\_  
Number Street City State Zip

Phone: \_\_\_\_\_ Gender: M \_\_\_ F \_\_\_ DOB: \_\_\_/\_\_\_/\_\_\_ Age on Race Day: \_\_\_\_\_

I will be: (circle one) Running/jogging Walking

Free race t-shirt with registration.

Circle Shirt Size: Adult - S M L XL XXL 3XL; Youth - S M L XL

\*Deadline for guaranteed shirt order is Tuesday, November 16

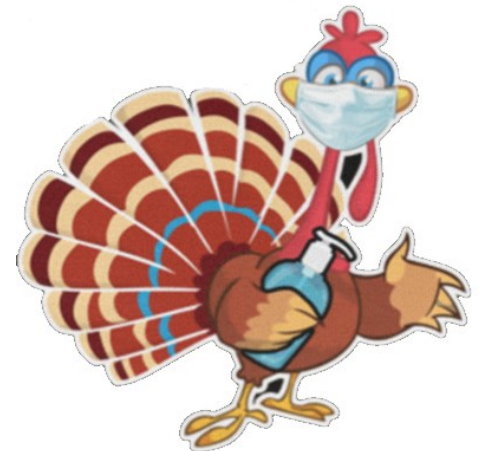
Circle Appropriate Age Division:

6-9 10-14 15-19 20-24 25-29 30-34 35-39 40-44 45-49 50-54 55-59  
60-64 65-69 70 & over

**Waiver:** In consideration of my participation in the Sumter Family YMCA Turkey Trot, I hereby release and hold harmless the YMCA of Sumter, and their sponsors, affiliates agents, servants, employees, assigns, successors, and heirs or distributors and all officials concerned from any and all claims, actions, losses, damage, or expenses for personal or bodily injury (including death) and property loss or damage incurred by me arising out of or in conjunction with my participation in the Sumter Family YMCA Turkey Trot to be held November 25, 2021. I warrant that I am in good health, and have trained sufficiently for this event. I have read the foregoing and am of legal age to consent to this waiver for the event.

\_\_\_\_\_  
Signature (Parent/Guardian if under 18)

\_\_\_\_\_  
Date



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