

## BIRTHDAY PARTIES

All parties include : party host, party set-up, decorations, paper products, two pizza, ice cream, drinks, one hour play time and one hour in the Y zone party room, gift for birthday child, gift bags for all kids, invitations to the party and all party clean up. Pick a party theme to determine the play time activities & party room. All reservations must be completed at least two weeks prior to the party date.

**Princess Party:** This party is all about hair, jewelry and accessories for a dress up runway fashion show finale for any little girl. Wear your favorite dress.

**Sports Party:** This party is athletic themed and involves active motion from all kinds of sports. Choice of two sports & moon bounce included. Parties are not offered January, February and December due to basketball season.

**Swimming Party:** This party is water themed with pool games and open swim time. Activity time is located in the warm water deck pool. Swim suits required!

When: Saturdays 11:00 - 1:00 pm  
Saturdays 2:00 - 4:00 pm  
Sundays 2:00 - 4:00 pm

Members: \$150

Potential members: \$225

## KID'S NIGHT OUT

Ages: 6mo.+

Kid's Night Out program offers safe, affordable care for your children. Theme based activities may include movies, arts, crafts, relay races and much more. We provide dinner!

When: Third Friday of the month during school year

Members: \$15

Potential members \$25

## KIDSCAPE

Ages: 6mo+

Kidscape is a drop-in Childwatch service just for your family! This program not only shows kids tons of fun, it give parents the peace of mind knowing their children are in a safe, supportive environment that encourages kids to grow and learn. Children make new friends, develop new skills and build strong values. This is free to children on family memberships.

**SUMTER FAMILY YMCA**  
510 Miller Road  
Sumter, SC 29150

**Phone**  
803.773.1404

**Website**  
YMCASumter.org



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

## YOUTH AND TEEN PROGRAM OVERVIEWS



## YOUTH FITNESS

Ages: 12-14

This is a family consultation with the Fitness Director to go over the rules and regulations of the fitness center and to answer any questions they may have. This is a requirement for kids under 15 to workouts with their families in the fitness center.

Cost: included in membership

Ages: 11-15

Next Level Fitness is a coach led teen fitness program where participants can choose which level to be in.

**Level 1:** A generalized workout program that focusing on strengthening and conditioning. This is good for anyone looking to improve overall health and performance.

**Level 2:** A more sport specific program that helps prevent common sport injuries while also improving overall athletic performance.

Mon - Thurs 4:00 - 4:45pm

Cost: included in membership

Ages: 5-17

YFIT Kids Nutrition Camp - Kids have fun, learning new skills and take their nutrition knowledge to a new level. This camp includes nutrition education, hands-on cooking, a field trip and daily fitness classes.

Members: \$70

Potential Members: \$105

## PRIVATE SWIM LESSONS

Ages: 6mos.

Certified Swim Instructors are available to assist and motivate you during our private or semi-private sessions. All sessions are scheduled in advance, thus these sessions are non-refundable.

When: according to instructor availability

Cost: based on session package purchased

## YOUTH SOCCER

Ages: 3 - 7 yrs.

Every child gets to play and the games are safe, exciting and fun. We encourage fair play, positive competition, and family involvement.

When: Spring time, weekday practices and weekend games.

Cost: \$45 - \$70/ session

## CLUB Y & HIGH Y

Ages: Kindergarten - Middle school

Let our staff unlock the door to your child's personal and academic success! Our program includes: Academic and homework assistance, physical activity, swimming, elective tracks of life skills, art, and transfer to other Y programs such as swim lessons, swim team, or gymnastics.

**Y Bus pick-up from:** Sumter School District Elementary, Middle schools and Wilson Hall

**Drop off available from:** Home School and other schools

**Program hours:** Based on Sumter County school schedule. Includes all-day teacher workdays and scheduled early dismissal days.

Registration fee: \$25

Members: \$200

Potential members: \$300

## FUN FACTORY & TEEN SCENE

Ages: 3 - 10 yrs.

These camps provide a safe and nurturing environment for youth and teen to thrive. Counselors focus on each camper's need and work to make sure everyone is a part of the fun. Weekly activities revolve around themes which include age games, swimming, fields trips, sports activities, arts and crafts.

Registration fee: \$25

Members: \$100

Potential members: \$150

## SWIM LESSONS

Ages: 6mo.+

We offers a learn-to-swim program for all ages. Whether you are new to the water or looking for advanced techniques, the YMCA has a program for you. There are 8 classes in each session. Sessions run monthly. Visit the website or member service desk for session dates.

When: Tuesday/Thursday

Monday/Wednesday

Saturday

Members: 40

Potential members: \$75

## YOUTH BASKETBALL

Ages: 3 - 15 yrs.

### **Biddy Basketball**

Ages: 3 - 4 yrs

Youth basketball is an exciting sport which combines team play and individual skills. Every child gets to play and the games are safe, exciting and fun. We encourage fair play, positive competition, and getting the whole family involved. We utilize volunteer coaches to focus on participation and fun!

When: Fall season

### **Church League Basketball**

Ages: 5 - 15 yrs

Be part of our long standing tradition of Basketball. Come discover just what you can achieve by unlocking opportunities for your child to learn teamwork and athletic skills while building character and Christian values.

When: Late fall through winter

Members: \$25 - \$45

Potential members: \$45 - 90

## PRINCE & PRINCESS BALL

Ages: ALL

This is our annual ball for Princes and Princesses! Enjoy a fun night of dinner dancing, games and most of all, a night with your child.

Includes: Meal, Beverages, Tiara & 4x6 color photo

Annually in Early spring

Cost: \$40/ Couple

\$10 per additional prince/princess

## SPECIALTY SPORTS CAMPS

Ages: 5- 16 yrs.

We have something for everyone in our summer sports specialty camps. These camps will inspire and enrich your child's summer with teamwork, coordination and interpersonal skills, with a touch of excitement.

Registration fee: \$25

Members: \$70

Potential members: \$105

## SWIM TEAM

Ages: 5 yrs.+

Swimmers of any level can join the fun of competitive swimming at the Y. We travel to compete with teams from neighboring states. It's about more than competing; it is a fun and a life enhancing experience. We invite you to be part of our family!

Cost: \$45 - \$98/month

## CAMP MAC BOYKIN

Ages: 7 - 12 yrs.

A tradition since 1952, Camp Mac Boykin is a camp nestled in 55 acres of wooded land in Pinewood. We offer many activities for young people to explore outdoors, build self-esteem, develop interpersonal skills and make lasting friendships and memories.

Registration fee: \$25

Members: \$100

Potential members: \$150