



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

KICK • PLAY JUMP • RUN LEARN!

HOME SCHOOL FIT FOR KIDS Ages 4-14

Physical education for home-schooled children. Fit for Kids uses organized, instructional, and cooperative games to fill a 13-week curriculum. Class limited to 25 participants. Class lessons will include activities such as fitness, sports, relays, swim, and much more!

Registration: The last Monday of each month

Monday & Wednesday 1:00-2:00pm

Member \$25/month

Non-Member \$37.50/month

Contact Sarah Knowlton for more information.

SUMTER FAMILY YMCA
510 Miller Road
Sumter, SC 29150
803-773-1404
ymcasumter.org



**HOME
SCHOOL
FIT FOR KIDS**

Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.