



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# DISCOVERING THE JOYS OF WATER TOGETHER

## Special Needs Group Swim Lessons 2018-2019

This instructor led class will help your child to be comfortable in the water. Each swimmer must have one caregiver in the water with him/her. Swimmers are taught water orientation, breathing techniques and becoming comfortable with mild water submersion. Introduction to body propelling through the water its also part of the curriculum. Participants will learn to improve swimming skills built around their specific needs.

**When:** Saturdays 8:30am - 9:00am

**Dates:**

June	9 & 23	December	1 & 15
July	7 & 21	January	5 & 19
August	4 & 18	February	2 & 16
September	8 & 22	March	9 & 23
October	6 & 20	April	6 & 13
November	3 & 17	May	4 & 18

**Cost:** Member \$12.50/session  
Potential Member \$18.75/session



For more information contact Igor at [igor@ymcasumter.org](mailto:igor@ymcasumter.org)

**SUMTER FAMILY YMCA**

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**Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.**