

**Thank
You**

We recognize that military spouses, partners and families need a place to be healthy, find support and belong.

Warriors to Wellness is a program designed to support all military, with an ID, and their families to help make life easier by offering reduced cost or free programs and services.

The YMCA appreciates the commitment, service and sacrifice made by our military and their families. We fully support our military and invite you and your family to be a part of our YMCA where you can be mentally, physically, emotionally and spiritually strong.

Join the Base2Base race and show your support for our military.

- Run individually
- Run as a team of 2
- Volunteer

Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY



WARRIORS TO WELLNESS

SUMTER FAMILY YMCA

510 Miller Road
Sumter, SC 29150

Phone
803.773.1404

Website
YMCASumter.org

Email
info@ymcasumter.org



Military Personnel

We understand that military families are under enormous strain, and that military life comes with unique challenges. Deployments and frequent moves can be a stressful and uncertain time for our nation's service men and women. The Y is proud to offer membership opportunities for active military personnel.

Our services include:

- Waived join fee
- Upgraded Health Services Locker Room
- Reduced Cost for all programs
- Free Inbody Analysis



Spouses and Family

As a member of the Y, you and your family can spend quality time together and enjoy fun activities in a warm, supportive environment. It's also a great place to meet other military families who can relate to your unique situation.

Services for active military families include:

- Waived join fee
- Upgraded Health Services Locker Room
- Reduced cost for all programs
- Free Child Watch (2 hours a day)



Deployed Membership

With one parent away from the household, the remaining caregiver can become overwhelmed by added responsibilities. To support the families of deployed airmen and soldiers, the YMCA has developed a new membership category for current or potential members. For the period of deployment, spouses and/or families are eligible for a special monthly rate.

Our services include:

- Waived join fee
- Upgraded Health Services Locker Room
- 1 Free week of summer camp per child
- Free Kid's Night Out - 1 voucher per month of deployment per child
- 2 Free Kid's Night Out for Date Night

*Deployment orders must be presented in order to begin the membership.

*Membership will terminate during the month that deployment ends or members can opt to maintain the membership at the regular rate.

*Vouchers for camp and Kid's Night Out must be used during the period of deployment.

*Date night vouchers must be used within 2 months of deployment date of return.

Retired military personnel are only eligible for the waived join fee with proof of retirement. Current active duty military memberships must request benefits at the member service desk. All benefits are effective March 1, 2017.