



Sumter Family YMCA Upper Gym Schedule

March 1 - June 3, 2012

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Monday & Wednesday		Tuesday & Thursday		Friday		Saturday		Sunday	
Y Court	A Court	Y Court	A Court	Y Court	A Court	Y Court	A Court	Y Court	A Court
4:00 am - 12:00 pm Open Gym		4:00 am - 12:00 pm Open Gym		4:00 am - 5:00 pm Open Gym		6:30 am - 5:00 pm Open Gym		1:00 pm - 5:00 pm Club Volleyball	
12:00 pm - 1:00 pm HEAT		12:00 pm - 1:00 pm HEAT		5:00 pm - 6:30 pm Aerobics Class		<p>*Spring Break Camp: April 9-13 (9:00 am-2:00 pm) Full court Closed Club Volleyball ends in March</p>			
1:00 pm - 7:00 pm Open Gym		1:00 pm - 7:00 pm Open Gym		6:30 pm - 8:00 pm Open Gym					
7:15 pm - 9:00 pm Club Volleyball		7:15 pm - 9:00 pm Club Volleyball/ Open Adult Volleyball							

*No Club Volleyball on Mondays



Mission: To put Christian principles into practice through programs that build healthy spirit, mind and body for all.